



Journeys From Home
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Who Should Attend a Journeys From Home Training and Why –

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| Elementary Health Enhancement Teachers | The workshop is based on Curriculum materials that target K-5 |
| Middle School Health Enhancement Teachers | Understanding the skills introduced K-5 are important as middle school curriculum is completed. Bicycle clubs are recommended for middle schools. Training will prepare teachers to 'coach' clubs. |
| Drivers Education Instructors | Training brings students to driver education better prepared as all aspects of training is presented as traffic skills |
| Afterschool Provider Staff | Building on the skills introduced through the school program can be another activity. These skills can be used for field trips and empowering youth and provides a closer link to parents. |
| Summer Youth Program Staff | Building on the skills introduced through the school program can be another activity. Community bike clubs could be established. |
| Bicycle Enthusiasts | Understanding the developmental differences between adult and children bicyclists is a basis for creating a more friendly bicycling environment |
| Parents | Reinforce the child's walking and bicycling skills using developmentally appropriate instructions and cues. Only when parents support programs will youth be given the opportunity to use the skills |

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| Law Enforcement | Receive direct requests for information from community on bicycling safety. Understanding the developmentally appropriateness very important and that skills need to given actively. Enforcement is an important partner as communities implement walkable and bikeable plans. |
| SRTS Committee members | Has the vision for the built environment and therefore benefit from understanding the developmental needs of children in traffic |
| Health Professionals | Promotion of healthy lifestyles includes walking and bicycling. Prevention of injury is possible through education combined with engineering and protective gear (helmets, reflective clothing) |
| Community Advocate Interested | The training is augmented by providing resources and access to tools to development a community plan to approach walking and bicycling as important to all ages and interests that can tie the Journey From Home to walking, bicycling, driving predictably and more competently. |
| Engineer | The connection between the built environment and education is vital to providing safe routes. |
| School Administrators | Schools are key partners to encourage walking and bicycling as the journey from home to school. |

Building a base knowledge for the whole community is most important as communities strive to become more walkable and bikable. Bringing together a diverse group of citizens in this training will facilitate creating a plan and implementing that plan to become a more healthy community. As part of the training there is an opportunity to building a local team to link with all aspects of the community.

MC 6.8.2010

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